

DATING - A STUDY FOR GIRLS

Ice Breaker _____

Game/activity _____

Every girl has dreamt about the fairy-tale romance, and that's cool as long as we are aware that love and relationships isn't all about happily ever after. There is work and sacrifice involved. It's an area where loads of wisdom and seriousness is called for.

It's a matter of the heart...

Q Why is that so?

You are a generation of young women with an incredible calling. He attack is against PURITY.

Q What does purity mean to you? (Leaders: get the girls answering this question before reading the dictionary)

Dictionary definition:

Pure, free from dirt, impurities, pollution, sin & guilt. Cleanness, fitted for holy services.

Purity is about being free from all the 'stuff' the enemy wants to pollute your life with. Being clean, white as snow before the Lord – in words, in how we carry ourselves, in how we dress, in our thoughts, our actions. Having a heart and living life that longs, strives, to HONOUR HIM.

Matthew 5:8

Blessed are the pure in heart, for they will see God.

Some Questions:

Q So, what do you girl's thing? Is it ok to date?

Q Why do you want to date?

Q What are 3 good reasons you should date?

Date you did this study _____

Leaders' Notes

Q What are 3 good reasons you shouldn't date?

If you are going to date, there are some MUSTS:

Q How do you date with a pure heart,

Q How do you date with boundaries,

Q How do you date with Godly wisdom,

Q How do you date with accountability?

Q Looking at your list above of 'good reasons to date'. Do you think you should date a Christian? If so, why?

Q Why wait for sex? Discuss.

READ: 2 Corinthians 6:14 and 1 Corinthians 6: 12-20

Sex is sacred because two become one. When a person is sexually immoral, they are actually sinning against their own body. Girls – take a minute to think about this and its serious stuff not to be messed around with!

Sex within marriage with the right person is God ordained. Sex is Gods idea, but the devil/world has distorted it.

Q In what ways has he done this?

In a study done in the USA, it was found that almost 90% of teenagers who pledged not to have sex before marriage did not live up to their vows.

Q Why do you think this is so? Discuss.

Q How are you going to stick it out in the face of temptation?

Leaders:

Talk about the importance of forming convictions – note that convictions are not formed in the fire!

Activity:

On a large sheet of paper have everyone write about convictions that could keep you from stumbling in a dating relationship.

Q How did Joseph deal with 'in your face' temptation?

Read from your Bible Genesis 29:6-12

Q What can we learn from him?

Beautiful girls...every one of you is valuable, more precious than gold, silver and the most beautiful gems you can imagine. To God you are everything. His daughter, His little girl – a princess. When you make a choice to live a life of purity, you not only value and respect yourself, but you bring honour and delight to your King.

Leaders be sensitive to where the Holy Spirit is leading you next. There may be some in your LG who have fallen in this area. Communicate to them that there is forgiveness and a second chance with God. And just because they have made a mistake, doesn't mean that they have to keep making those same mistakes. There is hope in God. He can turn anything around and use it for His glory.

Personal Application:

From the sheet you have completed have the girls write down 5 convictions that they thought were important and challenge them to take them home, print them out and ask their parents to keep them in a safe place. When they start dating bring them out again as a guide.